



# Class Schedule:

BJJ  
Beginners

BJJ  
Adults

BJJ  
Teens 7+

BJJ  
Kids

BJJ  
ADVANCED

BJJ  
NO GI

BJJ Kids 4-6

BJJ Kids 7-9

BJJ Teen 10-15

BJJ Adult

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		BJJ Adult 6:00am - 7am	BJJ Adult 6:00pm - 7pm	BJJ Adult 6:00am - 7am	BJJ Kids 4-6 9:00am 9:30am
					BJJ Kids 7-9 9:45 am 10:15 pm
					BJJ Teen 10-15 10:30am 11:15am
BJJ Kids 4-6 4:00pm 4:30pm					BJJ Open Matt 11:15 - 12:15am
BJJ Kids 7-9 4:30 pm 5:15 pm		BJJ Kids 7-9 4:00 pm 5:00 pm			
BJJ Teen 10-15 5:15pm 6:00pm		BJJ Teen 10-15 5:00pm 6:00pm			
BJJ Adult 6:00pm - 7pm	BJJ Adult 6:00pm - 7pm	BJJ Adult 6:00pm - 7pm	BJJ Adult 7:00pm - 8pm		
BJJ Adult 7:00pm - 8pm	BJJ Adult 7:00pm - 8pm	BJJ Adult 7:00pm - 8pm			